

Group	Equipment	oz weight	base wear
BICYCLE			
	paris sport fixed speed with cages & front rack	390.0	
SHELTER			
	big agnes fly creek UL2 minimum	39.2	
SLEEP			
	mountain equipment zero 300 w/ stuffsack	30.1	
	Therm-a-Rest NeoAir XTherm sleeping pad w/ stuffsack	16.0	
PANNIERS			
	ortlieb front panniers pair (1526 ci / 25 liters)	47.2	
BIKE ACCESSORIES			
	morph pump	7.3	
	spare tube 26"	5.7	
TOOLS			
	crank bros multi-tool	6.1	
	electrical tape	0.7	
	duct tape	0.8	
	tie wrap	0.5	
	tube patch kit	0.4	
	kevlar repair spoke	0.5	
SAFETY			
	take-a-look mirror	0.3	
	biner 5mm mini	0.2	
	princeton tec headlamp w/ batteries	3.3	

RAIN/SUN/BUGS			
	sunglasses	0.9	0.9
	sun screen	1.4	
	bug repellent	1.8	
	rei pants shell	10.1	
	marmot mica jacket	7.8	
HYGENE			
	toothbrush/toothpaste/floss	1.6	
	toiletpaper	1.7	
	body pack towel	3.2	
	tweezer	0.4	
KITCHEN			
	lighter	0.4	
	Ti cutlery set	1.6	
	two generic bicycle water bottles	0.9	
	snowpeak litemax ti stove w/ 0.3oz case	2.3	
	snowpeak ti mug 700 (no cover)	3.3	
WARMTH			
	patagonia down sweater vest	7.1	
	under armour cap	1.5	
	icebreaker fleece top	14.2	
	icebreaker pants	12.9	
	icebreaker 260 top	11.2	
CLOTHES			
	new balance minimus	15.2	15.2
	wool short socks	4.0	2.0
	under armour hi-viz T	4.0	4.0
	under armour black T	4.0	
	endura baggy shorts w/ belt	14.9	14.9
	nishiki padded shorts x 2	9.8	4.9

STUFF SACKS			
	black sea-to-summit (sm) - hygiene	0.6	
	sea to summit - ultrasil daypack	2.6	
WATER/FOOD/FUEL/BATTERY			
	2 liters water	70.0	
	1 day food	40.0	
	canister fuel-full large MSR	12.6	
ELECTRONICS			
	iPhone in lifeproof case	6.0	6.0
	iphone earbuds & lifeproof connector	0.6	
	iphone AC to USB adapter	0.8	
	iphone apple cable	0.8	
PERSONAL			
	credit cards (debit/credit)	0.6	0.6
	id cards (driver license/passcard)	0.4	0.4
	credit card wallet	1.3	1.3
	eyeglasses	1.0	
	bifocal sunglasses case	2.2	
	lens cloth	0.3	
	TOTAL WEIGHT	51.5	3.14
	MY WEIGHT	165.0	
	GRAND TOTAL	<u>216.5</u>	
	BIKE WEIGHT	<u>24.4</u>	
	WEIGHT CARRIED BY BIKE	<u>192.1</u>	
	WEIGHT FOR GEAR + SUPPLIES	<u>27.1</u>	

	SUPPLIES WEIGHT	<u>7.7</u>	
	GEAR WEIGHT	<u>19.5</u>	
	BASE WEIGHT (excludes base wear)	<u>16.3</u>	
	BIKE & GEAR	<u>43.9</u>	
	BIKE & BASE	<u>40.7</u>	
	<small>*individual items in ounces & totals in pounds</small>		